

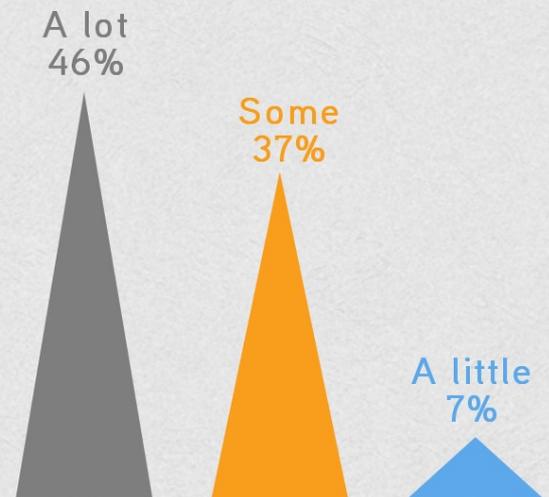
Barriers to successful coaching

the coachee perspective

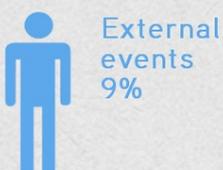
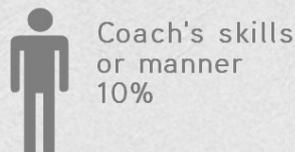
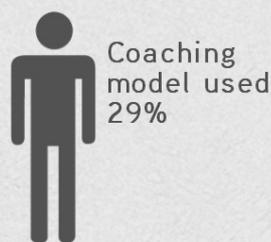
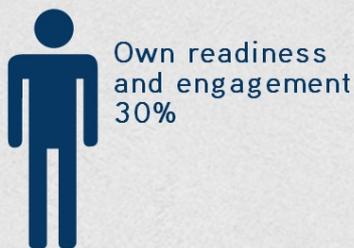
This joint international study surveyed 644 industry professionals from 34 countries, who either had received or were currently receiving coaching.



Amount of effort coachees put in



Coachees encounter difficulties with...



40%

26%

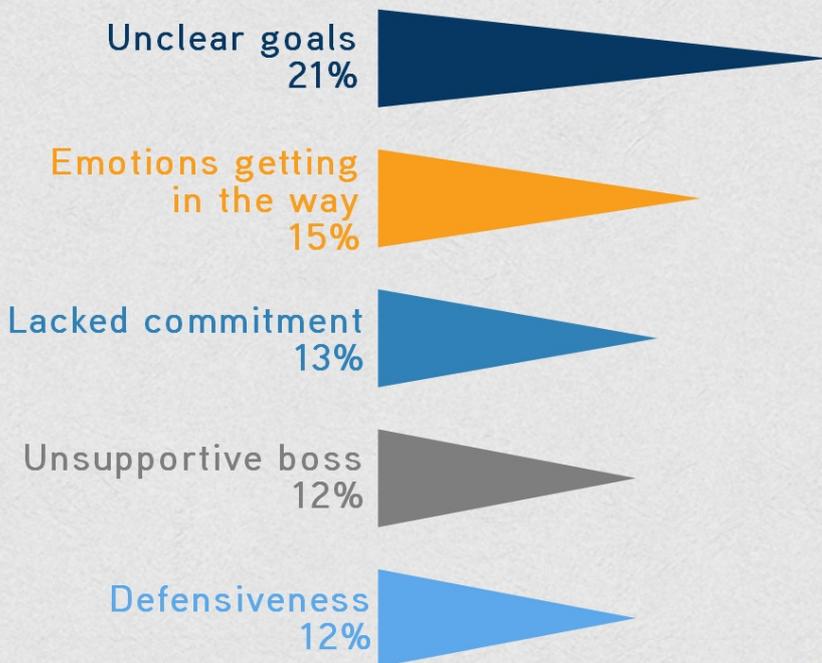
Women were more likely than men to report that an unsupportive boss had impacted on their coaching outcomes.



Coachees in Australia and UK & Ireland are more than twice as likely to have problems with the coaching model used than those in mainland Europe.



Top 5 barriers faced



Coachees' opinion of effectiveness

10% said their coaching had a limited effect



90% thought their coaching was effective...

...therefore most people were able to overcome the barriers they faced.

Data source: Carter A, Blackman A, Hicks B (2014), 'Barriers to successful coaching outcomes', in Lindall P and Megginson D (eds), Book of Conference Proceedings from the 4th EMCC Research Conference. European Mentoring and Coaching Council.

For more information on this research, visit www.employment-studies.co.uk/news

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